



### **Reflections Publications**

- Becker, C. B., Bull, S. \*\*, Smith, L. M. \*\*, & Ciao, A. C. \*\*, (2008). Effects of being a peer-leader in an eating disorders prevention program: Can we further reduce eating disorder risk factors. *Eating Disorders: Journal of Treatment and Prevention*, 16, 444-459.
- Becker, C. B., Bull, S. \*\*, Schaumberg, K. \*\*, Cauble, A. \*\*, Franco, A. \*\* (2008). Effectiveness of peer-facilitated eating disorders prevention: A replication trial. *Journal of Consulting and Clinical Psychology*, 76 (2) 347-354.
- Becker, C. B., Ciao, A. C. \*\*, & Smith, L. M. \*\* (2008). Moving from efficacy to effectiveness in eating disorders prevention: The sorority body image program. *Cognitive and Behavioral Practice*, 15(1), 18-27.
- Stice, E., Shaw, H., Becker, C. B., & Rohde, P. (2008) Eating disorder prevention: Mounting support for dissonance-based interventions. *Prevention Science*, 9(2), 114-128.
- Becker, C. B., Smith, L. M. \*\*, & Ciao, A. C. \*\* (2006). Peer-facilitated eating disorders prevention: A randomized effectiveness trial of cognitive dissonance and media advocacy. *Journal of Counseling Psychology*, 53(4), 550-555.
- Becker, C. B., Smith, L. M. \*\*, & Ciao, A. C. \*\* (2005). Reducing eating disorder risk factors in sorority members: A randomized trial. *Behavior Therapy*, 36, 245-254.

\*\*Note: Undergraduate sorority co-author

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### **Reflections Paper Presentations at National and International Conferences**

- Becker, C. B., Bull, S. \*\*, Cauble, A. \*\*, Schaumberg, K. \*\*, Franco, A. \*\*, Miller, M. \*\* (2007). *Peer-led sorority eating disorders prevention: A large scale randomized effectiveness trial*. Paper presented at the 41<sup>st</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Becker, C. B., Cauble, A. \*\*, Bull, S. \*\*, Franco, A. \*\*, Miller, M. \*\* (2006). *Peer-led eating disorders prevention in sororities: A two year replication comparing cognitive dissonance and media advocacy*. Paper presented at the 2006 International Conference on Eating Disorders, Barcelona, Spain.
- Becker, C. B., Ciao, A. C. \*\*, Smith, L. M. \*\*, Bell, J. L. \*\*, Hemberger, L. J. \*\*, & Franco, A. \*\* (2005). *Peer-led eating disorders prevention in sorority members: Cognitive dissonance versus media psychoeducation*. Paper presented at the 2005 International Conference on Eating Disorders, Montreal, Canada.



Becker, C. B., Smith, L. M. \*\*, & Ciao, A. C. \*\* (2004). *Taking dissonance to the next level in eating disorders prevention: Effects of being a sorority peer leader in a randomized trial*. Paper presented at the 38<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Becker, C. B., Smith, L. M. \*\*, Ciao, A. C. \*\*, Jessee, A. C. \*, Bell, J. L. \*\*, & Hemberger, L. J. \*\* (2004). *Selective eating disorder prevention in sorority members: Cognitive dissonance versus media psychoeducation*. Paper presented at the 2004 International Conference on Eating Disorders, Orlando, FL.

### **Reflections Poster Presentations at National and International Conferences**

Perez, M., Becker, C., Stento, J. \*\*, Lukanich, A. \*\*, Bown, C. \*\*, O'Reiley, J. \*\* (2007). *Effectiveness of cognitive dissonance eating disorders prevention: An open national trial under naturalistic conditions*. Poster presented at the 2007 Annual Meeting of the Eating Disorder Research Society, Pittsburgh, PA.

Becker, C. B., Bull, S. \*\*, Cauble, A. \*\*, Schaumberg, K. \*\*, Gillespie, S. \*\*, Byrd, H. \*\*, & Carter, J. \*\* (2006). *A pilot open trial of dissonance eating disorders prevention in a national sorority*. Poster presented at the 40<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Becker, C. B., Franco, A. \*\*, Bull, S. \*\*, Cauble, A. \*\*, & Healy, M. \*\* (2005). *Eating disorder prevention in sorority members: A randomized effectiveness trial of peer-facilitated cognitive dissonance versus media advocacy*. Poster presented at the 39<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Becker, C. B., Franco, A. \*\*, Cauble, A. \*\*, Bull, S. \*\*, Smith, L. M. \*\*, & Healy, M. \*\* (2005). *Effects of being a sorority peer facilitator in a randomized effectiveness trial: Can we further reduce eating disorder risk factors?* Poster presented at the 39<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Becker, C. B., Venzor, K. R. \*\*, & Smith, L. \*\* (2003). *Eating disorder prevention in sorority members: combining primary and secondary intervention using body image-based programs*. Poster presented at the 37<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Becker, C. B., Jilka, K. \*\*, & Polvere, L. \*\* (2002). *Cognitive dissonance vs. media psychoeducation: A pilot study of eating disorder prevention in sorority members*. Poster presented at the 36<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

### **Reflections Workshop Presentations at International Conferences**

Becker, C. B., Piran, N., Haines, J. (2007, May). *Sustainable eating disorder prevention programs: Using the participatory approach to facilitate both science and long-term implementation*. Workshop presented at the 2007 International Conference on Eating Disorders, Baltimore, MD.



## **Reflections is a Dissonance-Based Eating Disorders Prevention Program**

### **Independent Publications Supporting Dissonance-Based Eating Disorders Prevention**

- Green, M., Scott, N., Diyankova, I., Gasser, C., & Pederson, E. (2005). Eating disorder prevention: An experimental comparison of high level dissonance, low level dissonance, and no-treatment control. *Eating Disorders: The Journal of Treatment & Prevention, 13*, 157-169.
- Matusek, J. A., Wendt, S. J., & Wiseman, C. V. (2004). Dissonance thin-ideal and didactic healthy behavior eating disorder prevention programs: Results from a controlled trial. *International Journal of Eating Disorders, 36*, 376-388.
- Mitchell, K. S., Mazzeo, S. E., Rausch, S. M., & Cooke, K. L. (2007). Innovative interventions for disordered eating: Evaluating dissonance-based and yoga interventions. *International Journal of Eating Disorders, 40*, 120-128.
- Roehrig, M., Thompson, J. K., Brannick, M., & van den Berg, P. (2006). Dissonance-based eating disorder prevention program: A preliminary dismantling investigation. *International Journal of Eating Disorders, 39*, 1-10.
- Stice, E., Chase, A., Stormer, S., & Appel, A. (2001). A randomized trial of a dissonance-based eating disorder prevention program. *International Journal of Eating Disorders, 29*, 247-262.
- Stice, E., Marti, N., Spoor, S., Presnell, K., & Shaw, H. (2008). Dissonance and healthy weight eating disorder prevention programs: Long-term effects from a randomized efficacy trial. *Journal of Consulting and Clinical Psychology, 76*, 329-340.
- Stice, E., Mazotti, L., Weibel, D., & Agras, W. S. (2000). Dissonance prevention program decreases thin-ideal internalization, body dissatisfaction, dieting, negative affect, and bulimic symptoms: A preliminary experiment. *International Journal of Eating Disorders, 27*, 206-217.
- Stice, E., & Presnell, K. (2007). *The Body Project: Promoting Body Acceptance and Preventing Eating Disorders, Facilitators Guide*. New York: Oxford University Press.
- Stice, E., Presnell, K., Gau, J., & Shaw, H. (2007). Testing mediators of intervention effects in randomized controlled trials: An evaluation of two eating disorder prevention programs. *Journal of Consulting and Clinical Psychology, 75*, 20-32.
- Stice, E., Shaw, H., Burton, E., & Wade, E. (2006). Dissonance and healthy weight eating disorder prevention programs: A randomized efficacy trial. *Journal of Consulting and Clinical Psychology, 74*, 263-275.
- Stice, E., Trost, A., & Chase, A. (2003). Healthy weight control and dissonance-based eating disorder prevention programs: Results from a controlled trial. *International Journal of Eating Disorders, 33*, 10-21.